ACBC Approved Reading List

The following books will be helpful to you as you complete your ACBC exams. Individuals pursuing ACBC Certification are required to read 1,000 pages or more from the following resources, 300 pages of which must be from the Biblical Counseling & Theology text category.

**Biblical Counseling & Theology**

* A Theology of Christian Counseling by Jay Adams
* A Theology of Biblical Counseling by Heath Lambert
* Biblical Doctrine: A Systematic Summary of Bible Truth by John MacArthur and Richard Mayhue
* Systematic Theology by Louis Berkhof
* Systematic Theology by John Frame
* Christian Theology by Millard Erickson
* Basic Theology by Charles Ryrie
* Moody Handbook of Theology by Paul Enns
* The Inspiration and Authority of the Bible by B.B. Warfield
* Words of Life by Timothy Ward
* Created in God’s Image by Anthony A. Hoekema
* Power Encounters: Reclaiming Spiritual Warfare by David Powlison
* A Fight to the Death: Taking Aim at Sin Within (Strength for Life) by Wayne Mack
* Trusting God by Jerry Bridges
* God’s Greater Glory by Bruce Ware
* When People are Big and God Is Small by Ed Welch
Counseling & Anger

*Uprooting Anger* by Robert Jones

*Anger & Stress Management* by Wayne Mack

*The Heart of Anger* by Lou Priolo

Counseling & Sorrow

*Out of the Blues* by Wayne Mack

*Spiritual Depression* by Martyn Lloyd Jones

Counseling & Anxiety

*Courage: Fighting Fear with Fear* by Wayne Mack

*Fear, Worry, and Anxiety* by Elyse Fitzpatrick

Counseling & Avoidance

*Finally Free: Fighting for Purity with the Power of Grace* by Heath Lambert

*Addictions: A Banquet in the Grave* by Ed Welch

*The Heart of Addictions* by Mark Shaw

Counseling & Conflict

*The Peacemaker* by Ken Sande

*Unpacking Forgiveness* by Chris Brauns

*Pursuing Peace* by Robert D. Jones

Introduction to Biblical Counseling

*The Christian Counselor's Manual* by Jay Adams

*How to Help People Change* by Jay Adams

*Counseling: How to Counsel Biblically* by John MacArthur
Seeing with New Eyes by David Powlison

Instruments in the Redeemer’s Hands by Paul David Tripp

The Trellis and the Vine by Colin Marshall and Tony Payne

The Biblical Counseling Movement after Adams by Heath Lambert

Counseling the Hard Cases edited by Stuart Scott and Heath Lambert

Counsel Your Flock by Paul Tautges

Blame It on the Brain? By Ed Welch

How People Change by Timothy Lane and Paul David Tripp

Putting Your Past in Its Place by Steve Viars

Competent to Counsel by Jay Adams

Speaking the Truth in Love by David Powlison

Counseling & Family

Peacemaking for Families by Ken Sande

This Momentary Marriage by John Piper

When Sinners Say I Do by Dave Harvey

The Excellent Wife by Martha Peace

The Exemplary Husband by Stuart Scott

Big Truths for Young Hearts by Bruce Ware

God, Marriage, and Family by Andreas Köstenberger

The Faithful Parent by Stuart Scott and Martha Peace

Shepherding a Child's Heart by Ted Tripp

You Never Stop Being a Parent by Jim Newheiser and Elyse Fitzpatrick

Marry Wisely, Marry Well by Ernie Baker

The Biblical Counseling Guide for Women by John and Janie Street